



Curriculum Vitae

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Personal History

First Name: Mohammad

Last Name: Behnammoghdam

Academic Rank: PhD in Nursing , M.S.C in Critical Care Nursing.

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School of Nursing , Yasuj University of Medical Sciences, next to imam sajad hospital, yasuj, Iran

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Scholar Profile, Scopus, ORCID, ResearcherID

[Mohammad Behnammoghadam - Google Scholar](#)

[Behnammoghadam, Mohammad - Author details - Scopus Preview](#)

[Mohammad Behnammoghadam \(0000-0002-6493-7025\) - ORCID](#)

[Mohammad Behnammoghadam - Web of Science Core Collection](#)

Research Interests

Nursing, Cardiac Care, Intensive care, Mental Health, EMDR Therapy

Scientific Position

Assistant Professor , School of Nursing, Yasuj University of Medical Sciences. From 2015 –at present

Educational History

1-PhD in Nursing, School of Nursing and Midwifery, Isfahan University of Medical Sciences, 2023

2-Master of Sciences in Critical Care Nursing, School of Nursing & Midwifery, Qazvin University of Medical Sciences, Qazvin, Iran, 2012

3-Bachelor Sciences of Nursing, School of Nursing and Midwifery, Yasuj University of Medical Sciences, Yasuj, Iran. 2008

4-Associated degree of anesthesiology, Paramedical school, Yasuj University of Medical Sciences, Yasuj, Iran 2006

Awards & Honors

1- Outstanding faculty member and lecturer. Approved by Dean of Yasuj University of Medical Sciences, Yasuj, Iran (2018).

2- Outstanding Researcher. Approved by Dean of Yasuj University of Medical Sciences, Yasuj, Iran (2018).

- 3- Outstanding lecturer. Approved by Dean of Islamic Azad University of Yasuj, Yasuj, Iran (2017).
- 4- Outstanding Researcher. Approved by Dean of Iranshahr University of Medical Sciences, Iranshahr, Iran (2015).
- 5- Appreciation letter from Dean of Qazvin university of medical science due being as Outstanding graduate student. (2011).
- 6- Appreciation letter from Dean of Yasuj university of medical sciences due being as Outstanding under graduate student. (2006).

Thesis

1. Designing of Clinical Guideline for Care of adults with spinal trauma in the pre-hospital and emergency setting, Dissertation for PhD in Nursing, Isfahan University of Medical Sciences, 2023
2. The effect of eye movement desensitization and reprocessing (EMDR) on severity of anxiety in patients with myocardial infarction. Thesis for Master Degree in Critical Care nursing, Qazvin university of medical sciences, 2012

Research Experiences

A: Finished Projects

- 1- Mohammad Behnammoghadam, Zohreh Karimi, , Hossein Rafiei et al. The comparison of Impact of olive oil and honey on healing of diabetic foot(2017). Yasuj University of Medical Sciences, yasuj, Iran
- 2- Mohammad Behnammoghadam, Shirali Kheramine, Mohammad Zoladl et al. Effect of eye movement desensitization and reprocessing (EMDR) on severity of stress in emergency medical technicians(2016). Yasuj University of Medical Sciences, yasuj, Iran
- 3- Nasrin Ghanbari Nia, Ardashir Afrasiabifar, Mohammad Behnammoghadam et al. The effect of EMDR versus guided imagery on insomnia severity and pain severity in patients With rheumatoid arthritis(2015). Yasuj University of Medical Sciences, yasuj, Iran

- 4- Mohammad Behnammoghadam, Reza Zeighami, Mohammad Moradi et al. Comparison of the effect of eye movement desensitization reprocessing and cognitive behavioral therapy on anxiety in patients with myocardial infarction(2015). Yasuj University of Medical Sciences, yasuj, Iran
- 5- Mohammad Behnammoghadam, Akbar Rostaminejad, , Marzieh Rostaminejad et al. Efficacy of eye movement desensitization and reprocessing on the phantom limb pain of patients with amputations within a 24-month follow-up(2015). Yasuj University of Medical Sciences, yasuj, Iran
- 6- Mohammad Behnammoghadam, Sayyedzaker Saeedinejad, Akbar Rostaminejad et al. Olive Oil as Treatment for Bedsore: a Randomized Clinical Trial(2014). Yasuj University of Medical Sciences, yasuj, Iran
- 7- Mohammad Behnammoghadam, Aziz Behnam Moghadam, Tahmineh Salehian. Efficacy of Eye Movement Desensitization and Reprocessing (EMDR) on depression in patients with Myocardial Infarction (MI) in a 12-month follow up(2014). Yasuj University of Medical Sciences, yasuj, Iran
- 8- Mohammad Behnammoghadam, Sayyedzaker Saeedinejad, Mohsen Shafiee et al. Efficacy of Eye Movements Desensitization and Reprocessing on the Quality of Life of the Patients with Myocardial Infarction(2014). Yasuj University of Medical Sciences, yasuj, Iran
- 9- Reza Zeighami, Abbas-Ali-Madadi , Mohammad Behnammoghadam et al. A review on the effectiveness of new cardiac biomarkers(2013). Qazvin University of Medical Sciences, Qazvin, Iran
- 10- Mohammad Behnammoghadam, Akbar Rostaminejad, , Marzieh Rostaminejad et al. A Study on the learning Styles of Nursing and Midwifery Students in Yasuj According to the VARK Model (2013). Yasuj University of Medical Sciences, yasuj, Iran
- 11- Mohammad Behnammoghadam, Mohammad Moradi, Reza Zeighami et al. Anxiety treatment by eye movement desensitization and reprocessing in patients with myocardial infarction(2012). Qazvin University of Medical Sciences, Qazvin, Iran
- 12- Mohammad Behnammoghadam, Mohammad Saeed Mirzaee, Jalil Azimian et al. Non-invasive hemodynamic monitoring in critical care units: Review article(2012). Qazvin University of Medical Sciences, Qazvin, Iran

- 13- Mohammad Behnammoghadam, Jalil Azimian, Reza Zeighami et al. Side Effects of Intravenous Streptokinase in Different Age Groups Patients with Acute Myocardial Infarction(2011). Qazvin University of Medical Sciences, Qazvin, Iran
- 14- Mohammad Behnammoghadam, Zohreh Karimi, Hossein Rafiei et al. The comparison of fish oil, olive oil and honey in the prevention of pressure ulcers in patients hospitalized in the intensive care unit(2018). Yasuj University of Medical Sciences, yasuj, Iran
- 15- Mohammad Behnammoghadam, Zohreh Karimi, Abdolhadi Gahanfar et al. Relationship of Occupational Adjustment with Psychological Empowerment and Job Burnout in Iranian Nurses(2017). Yasuj University of Medical Sciences, yasuj, Iran
- 16- Mohammad Behnammoghadam , Mohammad Sharif Talebianpoor. The Effect Of Inhalation Therapy With Saffron Oil On Severity Of Insomnia And Anxiety In Patients With Acute Coronary Syndrome(2017). Yasuj University of Medical Sciences, yasuj, Iran
- 17- Zhila Fereidouni1 , Mohamad Behnammoghadam2, Abdolhadi jahanfar1 et al. The Effect of Eye Movement Desensitization and Reprocessing (EMDR) on the Severity of Suicidal Thoughts in Patients with Major Depressive Disorder(2017). Fasa University of Medical Sciences, Fasa, Iran
- 18- Soheila zabolipour , Maryam Alishapour, Mohammad Behnammoghadam et al. Comparing the effect of two methods of teach back and motivational interview on the therapeutic regimen adherence in patients with hypertension(2016). Yasuj University of Medical Sciences, yasuj, Iran

Papers

Behnammoghadam, M., Alimohammadi, N., Riazi, A., Eghbali-Babadi, M., Rezvani, M. Incidence of cervical collar-related pressure injury in patients with head and neck trauma: A scoping review study .*Journal of Education and Health Promotion*This link is disabled., 2023, 12(1), pp. 252

Behnammoghadam, M., Fazelniya, Z., Bayat, A.H., ...Shahnavazi, A., Mahmoudi, Z. Effect of hemovigilance education on nursing students' knowledge: the application of a conceptual map. *Frontiers of Nursing*, 2022, 9(3), pp. 295–301

Ariana, M., Afrasiabifar, A., Najafi Doulatabad, S., Mosavi, A., Behnammoghadam, M. The Effect of Local Heat Therapy versus Cold Rub Gel on Pain and Joint Functions in Patients with Knee Osteoarthritis. *Clinical Nursing Research* This link is disabled., 2022, 31(6), pp. 1014–1022

Karimi, Z., Saeedinejad, Z., Fereidouni, Z., Behnammoghadam, M...Mousavizadeh, A., Fazelniya, Z. Exploring the Nursing Care Process for Patients with COVID-19: A Grounded Theory Study. *Open Nursing Journal* This link is disabled., 2022, 16(1), e187443462203290

Fereidouni, Z., Behnammoghadam, M., Rashvand, F., Rafiei, H. Development and testing of the psychometric properties of the attitude towards medical device-related pressure ulcers/injuries questionnaire. *Wound Management and Prevention* This link is disabled., 2021, 67(3), pp. 30–35

Alireza Khosravi, Asieh Mansouri, Farzad Shahsanayi, Navid Paydari, Kiyan Heshmat-Ghahdarjani, Marjan Mansourian, Fatemeh Nouri, Marzieh Taheri, Hossein Farshidi, Toba Kazemi, Arsalan Khaledifar, Ahmadreza Assareh, Mohammad Behnammoghadam, Mohammad Mehdi Peighambari, Ebrahim Nematipour, Nizal Sarrafzadegan, Feridoun Noohi. Rationale and design of the Persian cardiovascular disease registry (PCVDR): Scale-up of Persian registry of CardioVascular Disease (PROVE). *Current Problems in Cardiology* This link is disabled., 2021, 46(3), 100577

Kord, Z., Fereidouni, Z., Mirzaee, M.S., Behnammoghadam, M ...Delfani, F., Zaj, P. Telenursing home care and COVID-19: A qualitative study. *BMJ Supportive and Palliative Care* This link is disabled., 2021, e003001

Rostaminejad A, Alishapour M Jahanfar A, Fereidouni Z, Behnammoghadam M. Eye movement desensitization and reprocessing as a therapy for rape victims: A case series , 2021. *Clinical Case Reports* 10 (3), e05620

Abdi, N., Malekzadeh, M., Fereidouni, Z., Behnammoghadam, M ...Rostaminejad, A., Salehi, Z. Efficacy of EMDR Therapy on the Pain Intensity and Subjective Distress of Cancer Patients. *Journal of EMDR Practice and Research* This link is disabled., 2021, 15(1), pp. 18–28

Karimi, Z., Jahanfar, A., Behnammoghadam, M., Dehghan, A. Relationship of occupational adjustment with psychological empowerment and job burnout in Iranian nurses. *Acta Medica Iranica* This link is disabled., 2020, 58(8), pp. 408–412

Karimi, Z., Fereidouni, Z., Behnammoghadam, M., ...Mirzaee, M.S., Mirzaee, S. The lived experience of nurses caring for patients with COVID-19 in iran: A phenomenological study *Risk Management and Healthcare Policy* This link is disabled., 2020, 13, pp. 1271–1278

Zabolypour S, Alishapour M, Behnammoghadam M, Abbasi Larki, R. A comparison of the effects of teach-back and motivational interviewing on the adherence to medical regimen in patients with hypertension. Patient preference and adherence 2020, 401-410

Karimi Z, Mousavizadeh A, Rafiei H, Abdi N, Behnammoghadam M. The Effect of Using Olive Oil and Fish Oil Prophylactic Dressings on Heel Pressure Injury Development in Critically Ill Patients. Clinical, Cosmetic and Investigational Dermatology, 2020, 13:, 59-65

Jahanfar A, Fereidouni Z, Behnammoghadam M, Dehghan A, Bashti S. Efficacy of eye movement desensitization and reprocessing on the quality of life in patients with major depressive disorder: a randomized clinical trial. Psychology Research and Behavior Management, 2020, 13:, 11-17

Behnammoghadam M, Fereidouni Z, Rad MK, Jahanfar A, Rafiei H. Nursing students' attitudes toward the medical device-related pressure ulcer in Iran, 2020, Chronic Wound Care Management and Research, 37-42

Behnammoghadam M, Kheramine S, Zoladl M, Cooper R.Z, Shahini SH. Effect of eye movement desensitization and reprocessing (EMDR) on severity of stress in emergency medical technicians. Psychology Research and Behavior Management 2019;12 289–296

Karimi Z, Behnammoghadam M, Rafiei H, Abdi N, Zoladl M, Talebianpoor MS, Arya A, Khastavaneh M. Impact of olive oil and honey on healing of diabetic foot: a randomized controlled trial. Clin Cosmet Investig Dermatol. 2019 May 9;12:347-354

Nia NG, Afrasiabifar A, Behnammoghadam M, Cooper RZ. The effect of EMDR versus guided imagery on insomnia severity in patients With rheumatoid arthritis. Journal of EMDR Practice and Research 2019, 13 (1), 2-9

Nia NG, Afrasiabifar A, Behnammoghadam M. Comparing the effect of eye movement desensitization and reprocessing (EMDR) with guided imagery on pain severity in patients with rheumatoid arthritis. Journal of pain research 2018; 11: 2107–2113.

Zeighami R, Behnammoghadam M, Moradi M, Bashti S. Comparison of the effect of eye movement desensitization reprocessing and cognitive behavioral therapy on anxiety in patients with myocardial infarction. The European Journal of Psychiatry 2018, 32 (2), 72-76

Akbar Rostaminejad, Mohammad Behnammoghadam, Marzieh Rostaminejad, Zargham Behnammoghadam, Somaye Bashti. Eye movement desensitization and reprocessing on the

phantom limb pain of patients with amputations within a 24-month follow-up. *International Journal of Rehabilitation Research* 2017, 40 (3), 209-214

Salehian T, Saeedinejad S, Behnammoghadam M, Shafiee M, Mohammadhossini S, Behnammoghadam Z, Behnammoghadam A, Ebrahimpour S, Paymard A. Efficacy of Eye Movements Desensitization and Reprocessing on the Quality of Life of the Patients with Myocardial Infarction. *Global journal of health science* 2016, 8 (10), 56100-56100

Behnammoghadam M Shahnavaizi A. Effectiveness of Eye Movement Desensitization and Reprocessing on Anxiety in Adolescents with Thalassemia in the 12-Month Follow-up. *Armaghane-danesh* 2016, 20 (11), 926-971

Moradi M, Zeighami R, Moghadam MB, Javadi HR, Alipor M. Anxiety treatment by eye movement desensitization and reprocessing in patients with myocardial infarction. *Iranian Red Crescent Medical Journal* 2016, 18 (12): e27368

Behnammoghadam M Paymard A. the effect of local olive oil in the prevention of pressure ulcers in patients hospitalized in the intensive care unit of Shahid Beheshti Hospital of Yasuj: a double-blind . *Journal of Anesthesiology and Pain* 2016, 6 (3), 54-61

Sayyedzaker Saeedinejad, Akbar Rostaminejad, Naeem Abdi, Mostafa Moazamfard, Akvan Paymard, Mohammad Behnammoghadam. Olive Oil as Treatment for Bedsore: a Randomized Clinical Trial. *International Journal of Advanced Biotechnology and Research* 2017, 8 (2), 1172-1176.

Behnammoghadam M, Alamdari AK, Behnammoghadam A, Darban F. Effect of eye movement desensitization and reprocessing (EMDR) on depression in patients with myocardial infarction (MI). *Global journal of health science* 2015, 7 (6), 258

Moghadam MB, Moghadam AB, Salehian T. Efficacy of Eye Movement Desensitization and Reprocessing (EMDR) on depression in patients with Myocardial Infarction (MI) in a 12-month follow up. *Iran J Crit Care Nurs* 2015, 7 (4), 221-226

Zeighami R, Abbas-Ali-Madadi Z, Azimian J, Behnammoghadam M. A review on the effectiveness of new cardiac biomarkers. *Cardiovascular Nursing Journal* 2015, 4 (1), 66-75

Behnam Moghadam M, Abdollahi A, Rostaminejad M, Salehian T. A Study on the learning Styles of Nursing and Midwifery Students in Yasuj According to the VARK Model (2013). *Armaghane-danesh*2015, 20 (3), 243-252

Behnam Moghadam M, Abdollahi A, Nazar AM, Hasani J, Darharaj M. Effectiveness of Cognitive- behavioral Group Therapy on Insomnia Symptoms in Students. *Armaghane-danesh*2015, 20 (1), 11-18

Behnam Moghadam M, Rahimi Mahmoud Abad S, Behnam Moghadam A. Successful Treatment of a Veteran Suffering from Post-Traumatic Stress Disorder due to War Using Eye Movement Desensitization and Reprocessing a Case Report. *Iranian Journal of War and Public Health*2014, 6 (3), 125-130

Behnam Moghadam M, Behnam Moghadam A, Yarian S, Hosseini SM, Predicting the Quality of Life Based on Public Health, Social Support and Self Efficacy in Cardiovascular Patients. *Armaghane danesh*2014, 19 (7), 633-642

Mohammad Behnam Moghadam, Jalil Azimian, Naeem Abdi. Non-invasive hemodynamic monitoring in critical care units: Review article. *Journal Of Anesthesiology And Pain*2014, 5 (2), 73-81

Mohammad Behnam Moghadam, Aziz Behnam Moghadam, Alireza Maredpour, Mohammad Latif Rastian. The efficacy of Eye Movement Desensitization and Reprocessing on phantom limb pain in patients with amputation: 18 months follow up. *Journal of Anesthesiology And Pain*2014, 5 (2), 49-54

Behnam Moghadam M, Zeighami R, Azimian J, Jahanihashemi H. Side Effects of Intravenous Streptokinase in Different Age Groups Patients with Acute Myocardial Infarction. *Armaghane danesh* 2014, 18 (1183), 910-917

Behnam Moghadam M, Moradi M, Zeighami R, Javadi HR. The effect of eye movement desensitization and reprocessing on anxiety in patients with myocardial infarction. *Iranian Journal Of Psychiatric Nursing*2013, 1 (1), 1-9

Abstracts and Presentations

- 1- Mohammad Behnammoghadam. Report of cardiovascular disease registry and early results in Kohgeliye and Boyrahmad province. Eleventh Middle East Cardiovascular Congress and Fourth Surgical Intervention Congress.
Oral Presentation. In date 2019-04-24
- 2- Mohammad Behnammoghadam, Zohreh Karimi ,Maryam Khastevaneh. the Effect of Eye Movement Desensitization and Reprocessing on the Quality of Life of Elderly Women Living in Nursing Homes.the 7th international conference on women,s health. Poster Presentation . Nov 21 and 22, 2018
- 3- Mohammad Behnammoghadam, Zohreh Karimi ,Maryam Khastevaneh. Eye Movement Desensitization and Reprocessing as a Treatment for Phantom Limb Pain in Women Suffering from Amputation. the 7th international conference on women,s health Poster Presentation . Nov 21 and 22, 2018
- 4- Zhila Fereidouni, Abdalhadi Jahanfar, Mohammad Behnammoghadam. The effect of eye movement desensitization and reprocessing(EMDR) on the severity of suicidal thoughts in patients with major depressive disorder: a randomized controlled trial. 2nd international conference on psychology, counseling, and education. Oral Presentation, 13 december 2018
- 5- Mohammad Behnammoghadam, Masoud Moghimi and hassan Abidi. The causes of anemia in intensive care unit. International congress on blood, disease and clinical administrations. Poster Presentation 11-14 May 2015
- 6- Mohammad Behnammoghadam, Mohammad Moradi, Aziz Behnammoghadam. Eye Movement Desensitization and Reprocessing improve sleep quality, Quality of Life in patients with post traumatic stress disorder. 1st international nursing and midwifery conference on health and wellbeing. Poster Presentation, 6-9 may 2014
- 7- Mohammad Behnammoghadam, Masoud moghimi, Sima Mohammadhossini, Aziz Behnammoghadam The effect of Eye Movement Desensitization and Reprocessing on phantom limb pain in patients with amputation. 1st international nursing and midwifery conference on health and wellbeing. Poster Presentation, 6-9 may 2014

- 8- Mohammad Behnammoghadam, Masoud moghimi, Sima Mohammadhossini, Aziz Behnammoghadam. Correlation between learning styles with some characteristics of nursing and midwifery students in yasuj university of medical sciences through vark model. 1st international nursing and midwifery conference on health and wellbeing. Poster Presentation, 6-9 may 2014
- 9- Mohammad Behnammoghadam. The effect of EMDR therapy on sleep quality in patient with heart failure. 1st International Congress of Cardiac Rehabilitation, Poster Presentation, October 21-23, 2014
- 10- Mohammad Behnammoghadam, Jalil Azimayan. Advance new markers in critical care unit. 7th international congress of intensive care medicine. Poster Presentation, 16-18 may 2013
- 11- Mohammad Behnammoghadam. Essential oil for treatment symptom in critical care .7th international congress of intensive care medicine. Poster Presentation, 16-18 may 2013
- 12- Mohammad Behnammoghadam. effect of EMDR therapy on life style of myocardial infarction. 7th international congress of intensive care medicine. Poster Presentation, 16-18 may 2013
- 13- Mohammad Behnammoghadam, Resa Zeighami , Mohammad Moradi. The effect of EMDR therapy on depression in patient with myocardial infarction. 1st middle east congress of preventive cardiology.. Poster Presentation, 29-31 jan 2013
- 14- Mohammad Behnammoghadam, Resa Zeighami , the comparison of side effect of streptokinase in various age group patients with myocardial infarction ,2nd international student congress on cardiovascular research, Poster Presentation, 29-31 jan 2013
- 15- Mohammad Behnammoghadam , A Survey on Nursing Students' Awareness of the Triage, 6rd international congress on health in disasters, Poster Presentation, 2013
- 16- Mohammad Behnammoghadam, Mohammad Moradi , Resa Zeighami. The effect of EMDR therapy on anxiety in patient with myocardial infarction. 1th congress of critical care in iran, Oral Presentation, 2012
- 17- Mohammad Behnammoghadam, Mohammad Moradi , Resa Zeighami. The effect of EMDR therapy on anxiety in patient with myocardial infarction.5th National Congress of

Nurse, Midwife and Research. Golestan University of Medical Sciences. Oral Presentation, Dec 12-13, 2012.

18- Mohammad Behnammoghadam, Mohammad Moradi , Resa Zeighami.

The effect of EMDR therapy on anxiety in patient with myocardial infarction.

4th international congress on psychosomatic medicine. Oral Presentation ,2012 **Books**

Nursing Care in Cardiac Care Unit With Emphasis on EKG

Authors: Mohammad Behnammoghadam, Amir Peighan, Mohammad Saeed

Mirzaee, Somaye Bashti, Dr Davoudi and Dr Shokati Ahmad Abad. Jamenegar Publications; 2016

EMDR as a Treatment for anxiety

Authors: Mohammad Behnammoghadam, Mohammad Moradi. chuvel Publications. 2015

Media and Software

Educational Software for self care in diabetic foot. Mohammad Behnammoghadam and Reza Zeighami; 2010

Courses (Educational, Training, Research and Management)

1. Lessen plan writing
2. Problem Base Learning
3. Research in Education
4. Quantitative Research
5. Preliminary Teaching Methods
6. Objective Structure Clinical Evaluation (OSCE)
7. Clinical Education Workshop

8. Clinical Evaluation Workshop
9. Endnote Workshop
10. Professional ethics
11. Citation analysis in scientometric
12. Search the Database of Medical Sciences
13. CPR

Skills

- 1- Microsoft Office (Word, PowerPoint, Excel, Access, publisher
- 2- IBM SPSS Statistics
- 3- Endnote software

Editorial Board & Reviewing Activities

- 1- Journal of EMDR Practice and Research (Referee): 2018- up to now
- 2- Journal of Clinical Care and Skills (Referee): 2017- up to now